

TRIAL TERMS AND CONDITIONS

The trial/introductory session is free of charge.

finebody employs professional fitness guidelines to evaluate health, stratify risks, test fitness, and prescribe exercise to its members.

Our trainers always provide custom-made solutions for each case, with the safety of the member as the top priority.

Participation in any exercise program entails both risks and benefits. The member expressly assumes all these risks.

It is the responsibility of the member to inform the trainer about any condition that might affect their ability to exercise safely and with minimal risk of injury.

By requesting a trial for Personal Training at the finebody™, located at 18 Notting Hill Gate, W11 3JE, you confirm your agreement to abide by these Terms and Conditions.